# Protect plants from cold and heat

Prepare tender plants for Rogue Valley temperature swings.

### Check the forecast

Check the overnight forecast and the plant’s cold tolerance.

### Before it gets cold

Bring tender plants in early and inspect them for pests.

### Before a hot afternoon

On hot days, move vulnerable patio plants to bright shade.

### If the plant wilts

Check the potting mix before giving a wilted plant water.

### After a stressful day

Let a stressed plant recover in stable conditions.

### Need help with a specific plant?

Use the plant diagnosis quiz at evergreenhouseplantcare.com/plant-diagnosis/ or ask about a Medford-area visit.